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Specialists in business training and coaching consultancy



Change Management

Just Suppose® works with our clients to deliver Change Management workshops.

We live and work in a world of constant change and therefore leadership and understanding at this time is particularly important.

This workshop explores the following:

- ✓ Introducing a framework for understanding change
- ✓ Understanding how to recognise the different behaviours associated throughout the change process
- ✓ Exploring the different feelings associated within the journey of change
- ✓ Identifying where individuals are within the change process and what they need in order to progress them
- ✓ Understanding what can realistically be achieved at the various stages of the change process
- ✓ The leadership role within change
- ✓ Effective communication around change
- ✓ Identifying and agreeing outcomes and goals and setting action plans in order to drive the teams and businesses to get to the end goal.

In our experience, change is very much about winning the hearts and minds of individuals as they embark upon the journey that is change.

This workshop has been delivered to different audiences:

- ✓ **Leaders within the business who are required to manage change with their teams.** Here we spend time considering effective leadership through change and the importance of consistent communication.
- ✓ **Individuals within teams who are experiencing change.** Here we spend time creating an environment, which encourages openness and honesty regarding change within the business in order to generate open discussions.

So we will work with you to ensure the Change Management workshop is delivered in the right context for your business needs and your chosen audience.

“The change theory was so valuable - Identifying what members of the team are at which stage and how we can all work together. Very relevant”

“The balance between discussion and theory was good - opportunity given to digest theory and apply it to the team”

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