



www.justsuppose.co.uk

Specialists in business training and coaching consultancy



Just PRIME® Presenting

Just PRIME® Presenting is an interactive presentation skills workshop designed with the following objectives in mind:

- ✓ To introduce techniques for overcoming nerves and projecting confidence when presenting
- ✓ To introduce the P.R.I.M.E presenting model, as a framework for preparing and delivering confident and engaging presentations
- ✓ To explore and enhance your own individual presentation style to ensure authenticity
- ✓ To create an opportunity for putting theory into immediate practice

Throughout the workshop we introduce various NLP and engagement techniques designed to enable delegates to PRIME their audiences with confidence.

We use various video footage and exercises to deliver the key learning points and delegates are able to apply new techniques with immediate effect. We have found individuals' confidence grows immediately and this enables individuals to face and overcome any fears.

Our Just PRIME® Presenting model represents:

Prepare, Personality & Presence

Rapport building

Interesting Introduction

Messages & Managing the Audience

Exit and Evaluation

The ideal group size for a workshop of this nature would be 8 delegates. This ensures each delegate has the opportunity to practice their skills throughout the workshop and receive on the spot feedback and coaching.

“Literally the best course I have ever done. I have learnt so much and have a number of new tools to work with”

“Really found my areas for development and nurtured these. Presenting is now not so scary!”

Email: info@justsuppose.co.uk | Web: www.justsuppose.co.uk